

Resource	Link
Dare to Lead, by Brené Brown	https://www.amazon.com/dp/B07CWGFPS7/
Daring Greatly, by Brené Brown	https://www.amazon.com/dp/1592408419/
Crucial Conversations: Tools for Talking When Stakes are High, by Kerry Patterson, et al.	https://www.amazon.com/dp/B005K0AYH4/
Opening Up by Writing It Down: How Expressive Writing Improves Health and Eases Emotional Pain, by James Pennebaker and Joshua Smyth	https://www.amazon.com/dp/B01GK5817W/
Nonviolent Communication: A Language of Life: Life-Changing Tools for Healthy Relationships, by Marshall Rosenberg	https://www.amazon.com/dp/B014OISVU4/